Wake County Community Resources For New Families





ADVOCACY

Child Protective Services:

Wake County Human Services

Telephone: 919-212-7963

• To report of child abuse, neglect and dependency.

Community Services: Telephone: 919- 996-6100 www.Raleig-nc.org

City of Raleigh

• To actively seek out members of the community in an effort to facilitate integration into our culture through city sponsored community based initiatives.

• Serve as a referral agency for quality of life issues both government and non- government. Encourage the respect and interfacing of all ethnic groups in our City.

Consumer Rights: Telephone: 919- 212-7105 or 919- 212-7015

Wake County Human Services

• Dedicated to the rights of consumers of services at Wake County Human Services (including contract agencies of WCHS).

Latino Advocacy: Telephone: 919-835-1525 www.elpueblo.org

El Pueblo, Inc.

• Non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino Community.

• This is accomplished through leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state, and national levels.

Human Trafficking: Telephone: 888-373-7888 www.acf.hhs.gov/trafficking

U.S. Dept of Health and Human Services

• Provides rescue of victims of human trafficking, including immediate shelter, case management, health care, food, legal assistance, immigration assistance.

<u>Domestic Violence and Sexual Assault:</u> MainTelephone: 919-828-7501 <u>www.interactofwake.org</u> Crisis Lines (24 hours): Domestic Violence: 919-828-7740

Sexual Assault: 919-828-3005

• Advocacy for victims of domestic violence and sexual assault.

• Community education, court advocacy, shelter, information and referral and hospital response.

Domestic Violence: Telephone: 919-420-2300

Raleigh Police Department Family Violence Unit

• Crisis counseling for victims of domestic violence.

Sheriff's Office: Telephone: 919-856-6900

Wake County Sheriff's Department

<u>Victim Compensation Services:</u> Telephone: 919-733-7944 or 800-826-6200 <u>www.nccrimecontrol.org</u>

North Carolina Department of Crime Control and Public Safety

• Compensation for medical bills, funeral bills and lost wages.

Legal Assistance: Telephone: 919-856-2159 www.ncjustic.org

North Carolina Justice Center

• Helps low income immigrants with legal problems related to immigration and employment.

Immigration: Telephone: 800-375-5283

U.S. Citizenship and Immigration Services (USCIS)

Legal Services: Telephone: 919-828-4647 or 866-219-5262 (toll free) www.legalaidnc.org

Legal Aid of North Carolina

• Free legal services to low-income people.

Mental Health: Telephone: 919-981-0740 or 800-897-7494 www.mha-nc.org

Mental Health Association of NC

• Promotes mental health, prevention of mental disorders, and anti-discrimination.

Mexican Consulate: Telephone: 919-754-0046 http://portal.sre.gob.mx/raleigh

• Assistance with obtaining documents, protection, legal matters, and community affairs.

• Also assists with return of remains of deceased Mexicans to Mexico.

Missing & Exploited Children: Telephone: 888-THE LOST (843-5678)

National Center for Missing & Exploited Children

• Experts available to discuss internet safety.

Hispanic civil rights: Telephone: 202-785-1670 www.nclr.org

National Council of La Raza

• Works to improve opportunities for Hispanic Americans: Investments, civil rights, education, employment, and health.

Child Development: Telephone: 919-662-4499 www.ncchildcare.net

North Carolina Division of Child Development

• Handles reports of neglect and abuse in day care facilities.

Business: Telephone: 919-782-8764 www.nchcc.org

NC Hispanic Chamber of Commerce

• Advocates, promotes, and facilitates the success of Hispanic/Latino businesses in collaboration with the business community at large.

Education: Telephone: 919-654-4516 www.thencshp.org

NC Society of Hispanic Professionals

• Networking and educational opportunities with North Carolina Hispanic professionals.

BANKING/ CREDIT COUNSELING

Banco de la Gente: Telephone: 919-747-8000

Consumer Credit Counseling: Telephone: 919-821-1770 www.tfsnc.org

Triangle Family Services

Debt and budget counseling.

Latino Community Credit Union: Telephone: 919-855-9696 <u>www.cooperativelatina.org</u>

• Favorable banking services, including car and personal loans, investments.

Credit counseling.

Nuestro Banco: Telephone: 919-582-2720 or 800-381-9061

• Financial education programs.

CHILDCARE

Guide to Daycare Facilities: Telephone: 919-779-2220 www.childcareservices.org

Child Care Services Association

• Information about child care options.

Workshops offered to guide one in choosing daycare facilities.

Scholarships: Telephone 919-362-0657 www.wwcm.org

Western Wake Crisis Ministries

• Provides scholarships for children who need daycare, childcare, or after school care.

More at Four (Mas a los Cuatro): Telephone: 919-851-9550 ext 1408 www.wakesmart.org

Smart Start

• Preschool for four year old children whose first language isn't English, but income-based.

Child Development: Telephone: 919-662-4499 www.ncchildcare.net

North Carolina Division of Child Development

• Handles reports of neglect and abuse in daycare facilities.

Telamon Corporation Head Start: Telephone: 919-851-7611 www.telamon.org

• Provides a secure setting where children can develop skills.

• Services include health and dental screenings, nutritious meals, learning experiences, play opportunities, and other structured activities

Child Care Subsidy Program: Telephone: 919-773-7600

Wake County Human Services

• Provides funding for and education about daycare/child care.

EDUCATION

International Enrollment Center: Telephone: 919-501-7996

Wake County Public School System

• Registers children of international families for school. These children are assessed for english proficiency.

Centro Para Familias Hispanas: Telephone:919-873-0094 or 919-873-0245

Program of Catholic Charities

• Dedicated to developing and implementing programs in education, health, job training, and referrals to help Hispanic families better integrate into the community and improve their living conditions.

<u>Family Outreach:</u> Telephone: 919-713-0653 Wake County Public School System – Family Involvement Outreach

• Educates parents about the educational system, and assist families with school related issues.

Computers: Telephone: 919- 828-7490 www.gcflearnfree.org

GCF Global learning

• Free online computer courses in Spanish or English.

Kindergarten:

Head Start

Telephone: 919-657-0577

www.NHSA.org

• Pre kindergarten classes for low income children.

La Red de Familias Latinas de Carolina del Norte: Telephone: 919-515-9156

NC State University & NC A&T State University Cooperative Extension.

• Provides education to Latino parents, access to resources, and aids their understanding of fundamental rights.

More at Four (Mas a los Cuatro:

Telephone: 919-851-9550, ext 1408

osr.info@ncmail.net

• Provides children a pre-school educational experience.

Parks and Recreation:

Telephone: 919-831-844 or 919-831-6640

City of Raleigh

• Provide recreation and cultural opportunities, including ESL classes, computer classes, and social dancing.

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Reading and Writing:

Telephone: 919-787-5559

info@wakeliteracy.org

www.ncesc.com

Literacy Council of Wake County

- Teaches adults how to read and write better, and further their education.
- ESL and GED programs.

Technical College: Telephone: 919-866-5000 www.waketech.edu

Wake Technical Community College

• Offers more than 70 technical and vocational programs, and also continuing education.

EMPLOYMENT

Workplace Complaints and Mistreatment: Telephone: 919- 807-2796/800-625-2267 dol.webmaster@labor.nc.gov

Department of Labor

• Investigates complaints about unpaid salaries and mistreatment at work.

Telephone: 866-278-3822

Job Search and Training:
Employment Security Commission

• Assistance with finding a job or entering a training program; must be documented.

Joblink:

Telephone: 919-250-3770

• Offer a variety of employment and training services that can help job seekers find a new or better job.

Pro-Familia:

Telephone: 919-212-9396

• Vocational services for Latinos. Help finding employment, building resumes, and pays for uniforms and training.

Farm Workers:

Telephone: 919-851-7611

Telephone: 919-733-3055

www.telamon.org

Telamon Corporation

• Employment, training, and other services to migrant and seasonal farm workers and their children.

Work First:

Wake County Human Services

- Temporary Assistance for Needy Families (TANF) program.
- Training for parents to help them become employed and self-sufficient.
- Assistance with day care, transportation, cash assistance, training opportunities, and Medicaid.

Working For Kids:

Telephone: 919- 212-9396

Wake County Human Services

www.wakegov.com/humanservices/economic/employment/working

• Assists non-custodial parents to obtain employment to support themselves and to make child support payments.

FINANCIAL ASSISTANCE

Crisis Support:Urban Ministries

Telephone: 919- 834-4707

www.urbanmin.org

• Financial assistance for rent and utilities.

Salvation Army:

Telephone: 919-834-6733

www.keepthebellringing.org/clients/clients

• Pays up to \$100 towards utility bills, rent, or medication.

Tri-Area Ministries:

Telephone: 919-556-7144

Rent, Utilities, Medications, Etc.:

Wake County Human Services

Telephone: 919-212-7000

• Financial assistance with payment of utility bills, rent, medications, etc.

Western Wake Crisis Ministries: Telephone: 919- 362-0657 www.wwcm.org

• Provides help for food or crisis financial aid to those threatened by unexpected circumstances: illness, car or home repairs, decrease in wages, etc.

FOOD

Discounted Food: Telephone: 919-832-7112 www.angelfoodministries.com

Angel Food Ministries

• Provides discounted food during difficult times.

Free Food: Telephone: 919- 873-0245 www.cporaleigh.org

Catholic Parish Outreach

• One week of food provided once a month. It includes soap powder, toothpaste, toilet paper, etc.

Food Pantry: Telephone: 919-469-9861

Christian Community in Action

• Food Pantry for residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, Friendship, and New Hill

Food Stamps: Telephone: 919-250-4720

Wake County Human Services

• Food stamps provided for women and children based on income.

Helping Hand Mission

Food Assistance.:

• Assists families with food, clothing, furniture, and shelter.

Telephone: 919-829-8048

Ministerio de Benevolencia: Telephone: 919-788-0060 www.iglesianuevaesperanzanc.org

• Provides food, and transportation to pick it up.

Salvation Army: Telephone: 919- 834-6733 www.salvationarmyusa.org

• Food given out via food tickets.

• Up to three bags of groceries quarterly.

Tri-Area Ministries: Telephone: 919-556-7144

www.helpinghandsmission.org

Food Closet:

Under One Roof

Telephone: 919-212-9500

• Food closet as well as case management services for HIV+ individuals

Food pantry: Telephone: 919 - 362-0657 <u>www.wwcm.org</u>

Western Wake Ministries

Food and Nutritional Education: Telephone: 919-250-4737

Wake County Human Services, "WIC" (Women, Infants, Children)

• Provides food, health care referrals, and nutrition education for low-income pregnant and postpartum women and their children up to age five.

Free Food: Telephone: 919-233-8010 <u>www.withlovefromjesus.org</u>

With Love From Jesus

• Provides food and other items for \$3.00 donation.

FURNITURE

<u>Helping Hand Mission:</u> Telephone: 919-829-8048 or 919-834-2795 <u>www.helpinghandmission.org</u>

With Love from Jesus: Telephone: 919-233-8010 www.withlovefromjesus.org

HOTLINES

Sexual Transmitted Disease: Telephone: 800-227-8922

American Social Health Association (ASHA)

Mental Health: Telephone: 800-662-7030 www.dhhs.state.nc.us/ocs/careline

"Careline" – State of North Carolina

• Information and referrals regarding human services in government and non-profit agencies.

• For clients to call to learn of mental health providers anywhere in NC.

<u>Child Support</u>: Telephone: 800-992-9457

Family Support: Telephone: 800-852-0042 www.fsnnc.med.unc.edu/Services/CDR/espanol

Family Support Network

• Resources for children with special needs, disabilities, diseases, diagnoses, and intervention.

Gang Prevention:

Telephone: 919-256-0919

To prevent youth gang activity and violence through community mobilization.

Crisis: Hopeline Telephone: 231-4525

www.hopeline-nc.org

Hotline that provides confidential, non-judgmental listening for those facing crisis.

24 hours/seven days a week.

United Way:

Telephone: 800-831-1754/211

www.211.org

Domestic Violence and Sexual Assault: Main Telephone: 919-828-7501

www.interactofwake.org

Interact Crisis Lines (24 hours): Domestic Violence: 919-828-7740 Sexual Assault: 919-828-3005

Provides advocacy for victims, information and referral, hospital response, shelter, and community education.

Education Enrollment:

Telephone: 800-234-8848

www.escort.org

National Migrant Education

Hotline is free and accessible to migrant farm workers and their families.

Help enrolling children in school or other educational services.

Health and Child Care:

Telephone: 800-367-2229

www.nchealthystart.org/ncfhrl/owncfhrl

North Carolina Family Health and Child Care Resource Line

Information on children and women's health, social services, health insurance, pregnancy, family planning, breast feeding, nutrition, choosing quality childcare, etc.

Mental health/Prevent mental disorders:

Telephone: 919-981-0740 or 800-897-7494

Mental Health Association of North Carolina

Promotes mental health, prevention of mental disorders, and anti-discrimination.

HOUSING

Homeless Shelter for Men, Women and Children:

Telephone: Men's shelter: 919-828-9014

Raleigh Rescue Mission

Women's shelter: 919-828-4980

www.raleigh-rescue.org

Homeless Shelter for Women and Children:

Telephone: 919-834-6733

www.keepthebellringing.org

Salvation Army

IDENTIFICATION

<u>Drivers license:</u> Telephone: 919-715-7000 <u>www.ncdot.org/dmv</u>

Department of Motor Vehicles

<u>Tax Identification Number</u>: Telephone: 919 - 873-0094

Centro Para Familias Hispanas

• To obtain tax identification number (ITIN).

Matricula Consular: Telephone: 919-754-0046 http://portal.sre.gob.mx/raleigh

Consulado Mexicano

• Mexican citizens only.

• Apply for a Matricula Consular (photo ID from Mexico); call for appt.

LEGAL RESOURCES

Battered victims: Telephone: 866-204-7612

Battered Immigrant

Legal assistance for battered immigration victims.

Birth and Death Certificates: Telephone: Wake County 919-856-5218 or 919-733-3526

Discrimination Complaint: Telephone: 919-733-3055

Department of Health and Human Services

- A customer/client has a right to file a complaint if they think that they were treated unfairly because they do not speak English well.
- They can file a complaint for self or for someone else.

National Issues: Telephone: 919-733-4534

Department of Health and Human Services - Office of the General Counsel

- Provides legal representation and advice on highly visible national issues.
- Especially for those who are least able to help themselves.

Immigrants Legal Assistance Project: Telephone: 919-856-2159 www.ncjustic.org

North Carolina Justice Center

• Helps low income immigrants with legal problems related to immigration and employment.

<u>Civil Services to Farm Workers</u>: Telephone: 919-856-2180 or 800-777-5869 <u>www.legalaidnc.org/fwu</u>

Legal Aid – Farm worker Unit

• Provides free legal services to farm workers and their families regarding issues affecting their basic needs: housing, safety from domestic violence or abuse, health care, subsistence income, environmental safety, and consumer loan problems.

Complaints Regarding State Service: Telephone: 919-855-4414

North Carolina Department of Health and Human Services (DHHS) - Office of Citizen Services

 Handles inquiries and complaints that consumers have regarding services that DHHS oversees or administers.

<u>Workplace Complaints and Mistreatment</u>: Telephone: 919- 807-2796/800-625-2267 <u>dol.webmaster@labor.nc.gov</u> Department of Labor

• Investigates workplace discrimination, mistreatment at work, unpaid salary issues.

Office of the Governor:

Telephone 919-733-5361

• Liaison with non-profits, other governmental offices; outreach presentations.

Office of Minority Health & Health Disparities: Telephone: 919-431-1613

• The Office (OMHD) aims to accelerate CDC's health impact in the U.S population and to eliminate health disparities for vulnerable populations as defined by race/ethnicity, socio-economic status, geography, gender, age, disability status, risk status related to sex and gender, and among other populations identified to be at-risk for health disparities.

Immigrants Legal Assistance Project:

North Carolina Justice Center

Telephone: 919-856-2159

www.ncjustic.org

• Helps low income immigrants with legal problems related to immigration and employment.

MEDICAL

Vaccines: Telephone: 800-232-4636

Immunization Hotline

• Can answer questions related to vaccinations, vaccine-preventable diseases.

Vaccines: Telephone: 919-250-3853

Immunization Request Line

To request copies of vaccination records from Wake County Human Services.

MENTAL HEALTH

Children: Telephone: 919-212-8405

Wake County Human Services

• Mental health evaluations and referrals for Wake County children up to age 18.

Crisis and Assessment Services (CAS): Telephone: 919-250-3133

Wake County Human Services

- Mental health and substance abuse assessments for adults without insurance.
- The agency will link client to a contract agency using state and federal funds.
- Client does not need to be in crisis.

School Services: Telephone: 919-212-8465

Wake County Human Services

• The school-based mental health team is a collaborative effort between Wake County Human Services and Wake County Public School System. Offers clinical services, substance abuse services, and crisis line response.

Sexual Abuse: Telephone: 919- 250-3134

Wake County Human Services

• Provides treatment for child and adolescent victims, perpetrators, and families.

PARENTING CLASSES

Families with Children up to five years old: Telephone: 919-873-0094 cporaleigh.org

Centro Para Familias Hispanas (Catholic Charities)

• Intervention programs for children up to age five.

• Language is a Key, Parenting Presentations, and Readiness to Kindergarten, are three key programs to help children succeed in school, with the help and support of their parents. All instruction is given in Spanish.

Parenting Workshops: Telephone: 919-515-9156

La Red de Familias Latinas de Carolina del Norte

NC State University/A & T State University Cooperative Extension

- Connects Latino families in Wake County.
- Provides financial literacy, after-school programs, parenting, nutrition, and health and safety information. Referral services, support groups for parents, parenting workshops, and financial counseling.

Child Development: Telephone: 919-856-7785 www.projectenlightenment.wcpss.net

Wake County Public Schools - Project Enlightenment www.parentsasteachers.org

• Parents as Teachers Program (Padres Como Maestros): Teaches parents to recognize and prepare for the developmental stages of their children and to recognize accomplishments of their children.

Child Abuse: Telephone: 919-829-8009 or 800-Children (256-6607)

Prevent Child Abuse North Carolina

www.preventchildabusenc.org/just_for_families/spanish

• Dedicated to prevent child abuse before it happens by developing family-oriented, community-based prevention, awareness, education, and training programs.

Child Behavior: Telephone: 919-743-6140 www.safechildnc.org

Safe Child (Crianza Con Carino)

• Parenting classes dealing with discipline and children's behavior.

RECREATION & SOCIALIZATION

Programs, clubs, and Camps: Telephone: 919-231-5536

4-H North Carolina Extension Program

• Programs, clubs, and camps are open to youth ages 5-19.

Youth- Male: Telephone: 919-872-4884 www.ocscouts.org

Boy Scouts

• The Boy Scouts of America provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness.

Youth - Female: Telephone: 919-782-3021

Girl Scouts

• Join a local troop or group for fun and friendship to build character and self-esteem and served the communities. Find a safe place to grow and share new experiences, learn to relate to others, develop values, and contribute to society.

Youth: Telephone: 919-790-8284 www.wakebgc.org/kids_clubs/brentwood

Brentwood Girls & Boys Club

• Safe place to learn and grow.

• Ongoing relationships with caring, adult professionals, and offers life enhancing programs and character developing experiences that give youth hope and opportunity.

Development of Latina: Telephone: 919- 981-0740 Ext.276 www.lawcusa.org

Club de Mujeres Latinoamericanas

Encourages the emotional, social, intellectual and economic development of Latina

After-school program:

www.foodbanknc.org/programs/kidscafe

Kid's Café

• An after-school program that offers tutoring, nutrition education, mentoring, and nutritious meals to children at risk of hunger.

Exhibits: Telephone: 919 -733-7450 Ext 525

North Carolinas Museum of Natural Sciences

• Featuring an array of permanent and special exhibits, live programs and educational films that appeal to audiences of all ages, the North Carolina Museum of Natural Sciences encourages visitors to explore the natural world and their connections to it.

Parks and Recreation: Telephone: 919-831-6844

City of Raleigh.

• Educational opportunities such as English as a Second Language (ESL) classes, computer classes, and fitness classes. Recreational opportunities such as social dancing, biking, swimming, arts, athletics, nature programs, teen programs, tennis, senior programs, specialized recreation, and festivals.

Boxing: Telephone: 919 - 719-0872

Second Round

• Boxing program for at-risk youth.

SCHOOLS

International Enrollment Center: Telephone: 919-501-7996

Wake County Public School System

• Registers children of international families for school.

• These children are assessed for english proficiency.

Child care: Telephone: 919-779-2220 www.childcareservices.org

Child Care Services Association (CCSA)

• Free referral services to families seeking child care.

• Educational scholarships and salary supplements to child care professionals.

Scholarships: Telephone: 919-362-0657 www.wwcm.org

Christian Community in Action; Western Wake Crisis Ministries

• Scholarships for children who need daycare, childcare, or after-school care.

<u>Family Outreach</u>: Telephone: 919-713-0653 Wake County Public School System – Family Involvement Outreach

• Educates parents on the educational system, and assist families with school related issues.

Pre kindergarten classes:

Telephone: 919-657-0577

Head Start Program

• Pre kindergarten classes for low income children.

Smart Start:

Telephone: 919-851-9550 ext 1408

www.wakesmartstart.org

Program goal: to ensure every child in Wake County, birth to age five, is prepared for success in school and life.

Pre-Kindergarten:

More at Four (Mas a los Cuatro)

• A high-quality pre-kindergarten program that serves children who are at risk and prepares them for success in school but income-based.

<u>Child Development:</u> Telephone: 919-662-4499

www.ncchildcare.net

North Carolina Division of Child Development

• Provides information parents need to make the best possible child care choices.

Preschool: Telephone: 919-851-7611 www.telamon.org

Telamon Corporation Head Start

• Provides a secure setting where children can develop skills.

 Services include health and dental screenings, nutritious meals, learning experiences, play opportunities, and other structured activities

Daycare/Childcare: Telephone: 919-773-7600

Wake County Human Services

• Provides subsidies for child care.

Project Enlightenment: Telephone: 919-856-2799 <u>www.projectenlightenment.wcpss.net</u>

Wake County Public Schools www.parentsasteachers.org

• Parents as Teachers Program (Padres Como Maestros): Teaches parents to recognize and prepare for the developmental stages of their children and to recognize accomplishments of their children.

TRANSPORTATION

<u>Bus</u>: Telephone: 919-833-5701, Ext 266

Capital Area Transit (CAT)

• Provides bus schedules information.

Medical appointments: Telephone: 919-212-7000

Wake County Human Services

• Provides transportation for Medicaid recipients and pregnant women.